

Worksheet 2 - Rhythm & Pulse

Try clapping the pulse on the bottom row of the following patterns and then the rhythm on the top row. Better if you can clap the pulse whilst a friend claps the rhythm and then swap. Make certain to count the pulse as you clap.

Even though this rhythm pattern is repeated and doesn't change, it is still considered a rhythm pattern because it consists of long and short notes - rather than a constant pulse of notes all the same value - like crotchets.

Count: 1 & 2 3 & 4 1 & 2 3 & 4

Don't forget to say "and" (&) on the quaver beats as you count.

Count: 1 2 3 4 1 2 3 4

In the rhythm and pulse below, there are only 3 crotchet beats in each bar. You only count to 3 and make certain you clap a little stronger on beat 1.

Count: 1 2 3 1 2 & 3